

----- You can cut here -----



Ticket: ABC Park

-1000 Harbor Island Dr., San Diego, CA

Valid : May 5, 1999

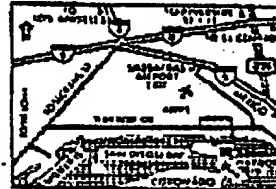
Admit: One adult

Serial #: 123XYZ456



----- You can cut here -----

TERMS AND CONDITIONS OF USE



**PLEASE READ THESE TERMS AND CONDITIONS
OF USE CAREFULLY BEFORE USING THIS TICKET**
By using this ticket, you signify your assent to these terms
of use. If you do not agree to these terms of use, please do
not use the ticket. We reserve the right, at our discretion,
to change, modify, add, or remove portions of these terms
at any time. Please check these terms periodically
for changes.

Figure 1

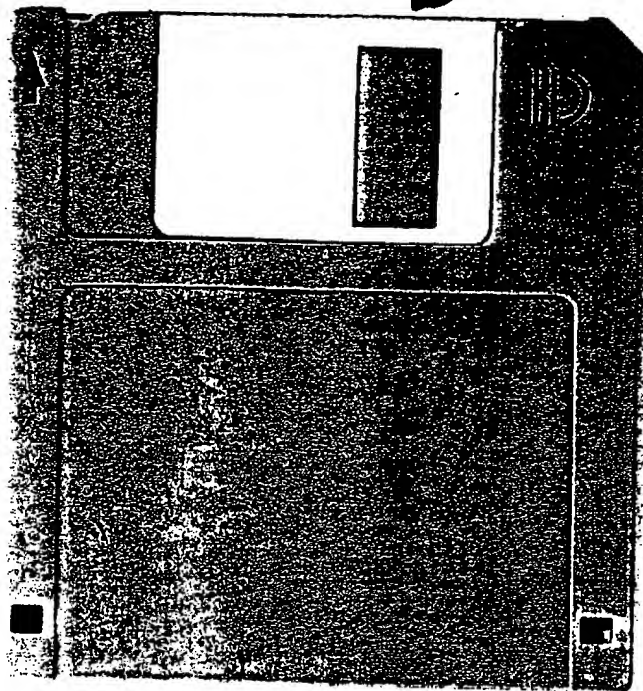


Figure 2

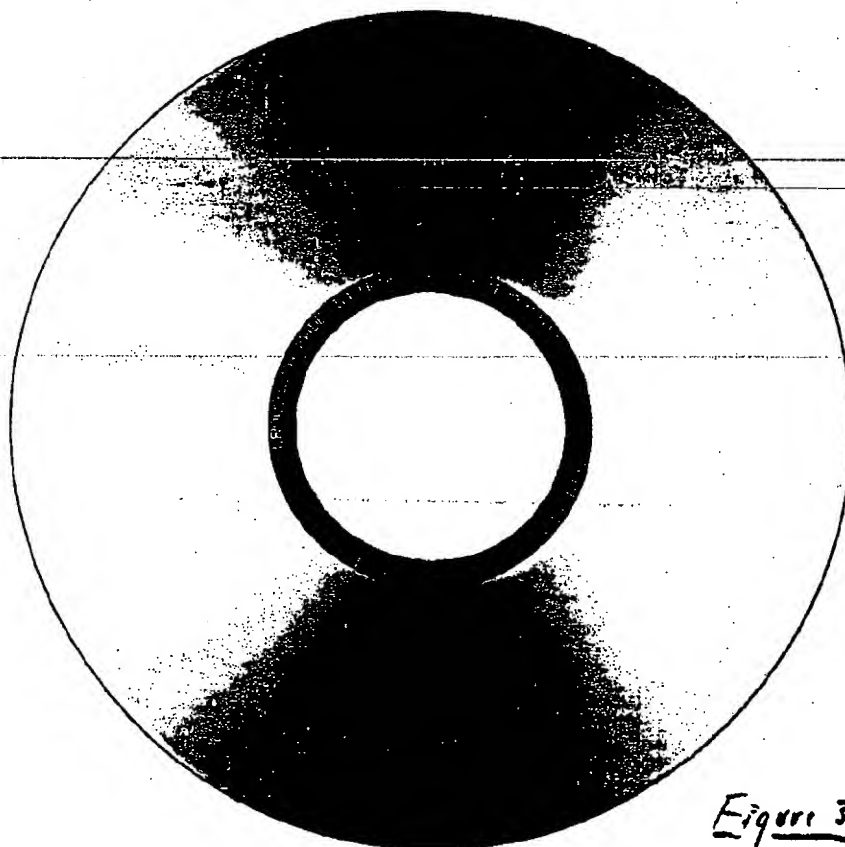


Figure 3

activity, although it is often difficult to distinguish between the two. In fact, many studies have shown that the two are closely related and can be considered as a single phenomenon.

The following table shows the results of a study conducted by Smith et al. (1987) on the relationship between activity and stress. The study involved 100 participants who were asked to perform a series of tasks while their heart rate and blood pressure were monitored. The results showed that there was a significant positive correlation between activity and both heart rate and blood pressure.

Table 1: Relationship between Activity and Stress

Activity Level	Heart Rate (b/min)	Blood Pressure (mmHg)
Low	60-70	110/70
Medium	70-80	120/80
High	80-90	130/90

The above table illustrates the clear link between physical activity and physiological responses associated with stress. As activity levels increase, both heart rate and blood pressure also tend to rise, indicating a state of heightened alertness or arousal.

In conclusion, while there may be some overlap between the concepts of activity and stress, they represent distinct phenomena with different underlying mechanisms and consequences. Understanding these differences is crucial for developing effective strategies to manage stress and promote overall health and well-being.

TABLE I - PROPERTIES OF EXEMPLARY SPECIFIC TICKET TYPES

<u>Ticket Type</u>	<u>Anonymity</u>	<u>Transferability</u>	<u>Redemption Method</u> <u>Consume</u>	<u>Supported</u> <u>Present</u>
Event Ticket	Yes	Yes	Only once	Yes
Plane Ticket	No	No	Only once	Yes
Lottery Ticket	Yes	No	Only once	-
Car Wash Ticket	Yes	Yes	Only once	-
Telephone Card	Yes	Yes	at times	-
Digital Cash	Yes	Yes	to specified value	-
Software License	No	Yes	-	Yes
Transportation Pass	Yes	No	-	Yes
Gate Card	No	No	-	Yes
Driver's License	No	No	-	Yes

PRIOR ART

Figure 4